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### CASE REPORT

**Medical Education Series** 

# Femoral Condyle Fracture with Intra-Articular Extension

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## FEMORAL CONDYLE FRACTURE WITH INTRA-ARTICULAR **EXTENSION**

#### PATIENT HISTORY

A 54 year old male had a fall from standing and sustained a right medial femoral condyle fracture with intra-articular extension with bone loss.

#### DIAGNOSIS

Closed right medial femoral condyle fracture with intra-articular extension.

#### **CO-MORBIDITIES**

COPD, chronic alcohol abuse, hypertension, and a daily tobacco smoker.

#### TREATMENT

Patient was treated with open reduction and internal fixation. A medial parapatellar approach was taken to visualise the joint reduction. The small bone defect was filled with CERAMENT® BONE VOID FILLER.

#### HARDWARE

- Two headless compression screws.
- Anatomic 3.5mm large medial distal femur condylar plate.

#### **OUTCOME**

Fracture managed with open reduction and internal fixation and the bone void filled with CERAMENT BONE VOID FILLER. At 6 weeks follow up, the patient return to weight-bearing as tolerated without any issues.











