

Treatment of an osteoporotic proximal humerus fracture with **CERAMENT**° | BONE VOID FILLER: 12 month follow-up



PATIENT

62 year old female with established osteoporosis

DIAGNOSIS

• Proximal humerus fracturedislocation (AO Type 11-C) as a result of a fall from a bike (Figs. 1 & 2).

TREATMENT

- The fracture was reduced and fixed using a Philos plate (Synthes®) and the cuff was attached to the plate using non-resorbable sutures (Ticron®).
- The bony defect was filled with 6cc CERAMENT® |BONE VOID FILLER under continuous fluoroscopy (Fig. 3) and allowed to set for 15 minutes.

OUTCOME

- The fracture healed uneventfully and the patient recoverd good range of motion:
 - abduction: 80°
 - flexion: 90°
 - external rotation: 60°
 - internal rotation: 40°

X-rays at 12 months post-op demonstrate fracture healing and remodeling of CERAMENT® | BONE VOID FILLER into trabecular bone (Figs. 4 & 5).













Restoring health to improve the quality of life for patients with bone disorders

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